

Our (CEP) Community Eligibility Program entitles every student to a free breakfast and lunch every school day

# DECEMBER 2023

## Cherry Valley-Springfield Central School

Offer vs. Serve  
Cafeteria must offer all 5 meal components  
Students **MUST** choose a fruit or vegetable & at least 2 other components (Total of 3)  
Students may choose up to all 5 components.

**Monday**

**Tuesday**

**Wednesday**

**Thursday**

**Friday**

### Brunch for Lunch

Pancakes or Waffles w/NYS Maple Syrup, Sausage Links, Roasted Potatoes Applesauce, Milk

Chicken/Cheese Quesadilla Whole Grain Tortilla, Salsa/Sour Cream Baby Carrots Fresh Fruit, Milk

Homemade Chili w/ Cheese & Beans, & Tortilla Chips, Whole Grain Roll Fresh Fruit, Milk

**Conference Day**

Fishsticks w/ Tartar Sauce Whole Grain Roll Coleslaw, Sunchips Fruit, Milk

Cheese/Buffalo Chicken Pizza Whole Grain Crust Romaine Salad Fresh Fruit, Milk

Hot Dog or Chili Dog Whole Grain Bun Baked Beans Fresh Fruit, Milk

Creamy Broccoli Cheddar Soup Whole Grain Soft Pretzel Chicken Caesar Salad Apple, Milk

Hamburger/Cheeseburger Whole Grain Bun L.T.O.P Baked French Fries Fresh Fruit, Milk

Make Your Own Chicken Wrap w/ assorted sauces, dips Whole Grain Tortilla L.T.O, Pickles Fresh Fruit, Milk

**Holiday Dinner** Stuffed Shells w/ Marinara Garlic Bread Antipasta Salad Fresh Fruit, Milk *Holiday Treat*

Chicken Tenders w/ Dipping Sauces Whole Grain Roll Curly Fries Fresh Fruit, Milk

**Taco Tuesday** Ground Beef, Cheese, Salsa, Sour Cream, soft tortillas Seasoned Black Beans Steamed Rice Fresh Fruit, Milk

**Deli Day** Ham or Turkey Subs Whole Grain Pretzel Roll L. T. O. P Cucumber/Celery Sticks Fresh Fruit, Milk

General Tso Chicken Whole Grain Roll Veggie Rice Rainbow Pepper Strips Fresh Fruit, Milk

Chef's Choice Whole Grain Roll Crisp Romaine Salad Fresh Fruit, Milk

No School

No School

No School

No School

No School

Our school is participating in the NYS Farm to School Initiative. A majority of our fruits and vegetables are coming from local farms, such as Limespring Farm and Dream Weaver Farms.

### Alternative Entrée's offered Daily

Peanut Butter & Jelly  
Yogurt & Cheesestick  
Salad Bar